Strategies to Achieve Alignment, Collaboration, and Synergy across Delivery and Financing Systems

Housing for Health: Assessing Cross-Sector Impacts of Permanent Supportive Housing for Homeless High Users of Health Care

Research In Progress Webinar
Wednesday, September 14, 2016 12:00-1:00pm ET/ 9:00-10:00am PT

Funded by the Robert Wood Johnson Foundation
Agenda

Welcome: Glen Mays, PhD, MPH, Director, RWJF Systems for Action National Coordinating Center, U. Kentucky College of Public Health

Housing for Health: Assessing the Cross-Sector Impacts of Permanent Supportive Housing for Homeless High Users of Health Care

Presenter: Ricardo Basurto Davila, PhD, MS, Chief, Policy Analysis Unit, Los Angeles County Dep’t. of Public Health RBasurto@ph.lacounty.gov

Commentary: Amy Ellen Schwartz, PhD, Chair, Systems for Action National Advisory Committee, and Professor, Maxwell School of Syracuse University amyschwartz@syr.edu.

Corrin Buchanan, MPP, Director, Diversion and Reentry Housing, Los Angeles County Dep’t. of Health Services CBuchanan@dhs.lacounty.gov

Questions and Discussion
RWJF Systems for Action Program to build a national Culture of Health

http://www.systemsforaction.org/

Overview
Mission: Widen the lens beyond health care & public health systems

Rigorous research to identify novel mechanisms for aligning delivery and financing systems in medical care, public health, and social & community services in ways that improve health and wellbeing, achieve efficiencies in resource use, and reduce inequities.

www.systemsforaction.org
Wide lens: implicated sectors

- Public health
- Medical care: ACOs, PCMCs, AHCs
- Income support
- Nutrition and food security
- Education and workforce development
- Housing
- Transportation
- Criminal justice
- Child and family services
- Community development and finance
Study **novel mechanisms** for aligning systems and services across sectors

- Innovative alliances and partnerships
- Inter-governmental and public-private ventures
- New financing and payment arrangements
- Incentives for individuals, organizations & communities
- Governance and decision-making structures
- Information exchange and decision support
- New technology: m-health, tele-health
- Community engagement, public values and preferences
- Innovative workforce and staffing models
- Cross-sector planning and priority-setting
S4A Program Structure

Collaborating Research Centers

- University of Chicago
- Arizona State University
- Indiana University – Purdue University Indianapolis

National Coordinating Center
University of Kentucky

Individual Research Projects

- IRP
- IRP
- IRP
- IRP

Partnerships
Collaborating Research Centers

- **University of Chicago**: Randomized trial of a Comprehensive Care, Community and Culture program

- **Arizona State University**: Analysis of medical, mental health, and criminal justice system interactions for persons with behavioral health disorders

- **IUPUI**: Evaluating integration and decision support strategies for a community-based safety net health care and public health system

- **University of Kentucky**: Measuring multi-sector contributions to public health services and population health outcomes.
Individual Research Projects

- **Michigan State University**: Randomized trial of Community Complex Care Response Team

- **Los Angeles Department of Health**: Evaluation of Housing for Health initiative, which provides permanent housing and supportive services for vulnerable populations

- **University of Delaware**: Randomized trial to test the efficacy of using the team approach to leverage different financing systems and services

- **Drexel University**: Evaluation of Building Wealth and Health Network within anti-poverty programming
Presenter

Ricardo Basurto Davila, PhD, MS
Health Economist
Chief, Policy Analysis Unit
Office of Health Assessment and Epidemiology
Department of Public Health
Los Angeles County

RBasurto@ph.lacounty.gov
Systems for Action
Individual Research Study

Housing for Health: Assessing the Cross-Sector Impacts of Permanent Supportive Housing for High-Utilizers of Health Care Services

Ricardo Basurto-Dávila, PhD
Homelessness in Los Angeles County

- In 2015, LAC had largest local population in the country of:
  - Homeless individuals (41,174; 7% of US)
  - Chronically homeless (14,173; 15% of US)
- Between 2014-15 LAC experienced largest increase in chronically homeless in the US

Sources: HUD, Annual Homeless Assessment Report, 2010-2015
Homelessness and Health

• Homeless populations are at higher risk of
  – Acute and chronic illness
  – Mental health disorders
  – Mortality

• Significant gaps in access to health services

• Heavily reliant on emergency department visits

• High rates of hospitalizations for preventable conditions
# Homelessness Also Costly to Other Public Sectors

<table>
<thead>
<tr>
<th>LAC Department</th>
<th>Unique Homeless Individuals Served</th>
<th>Expenditures on Homeless, FY 2014</th>
<th>Avg. Cost per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Services</td>
<td>114,037</td>
<td>$ 293.7 million</td>
<td>$ 2,600</td>
</tr>
<tr>
<td>Mental Health</td>
<td>39,073</td>
<td>291.7 million</td>
<td>7,500</td>
</tr>
<tr>
<td>Health Services</td>
<td>47,431</td>
<td>255.3 million</td>
<td>5,400</td>
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<tr>
<td>Sheriff</td>
<td>14,754</td>
<td>79.6 million</td>
<td>5,400</td>
</tr>
<tr>
<td>Public Health</td>
<td>6,939</td>
<td>32.2 million</td>
<td>4,600</td>
</tr>
<tr>
<td>Probation</td>
<td>2,795</td>
<td>12.1 million</td>
<td>4,300</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>148,815</strong></td>
<td><strong>$ 964.5 million</strong></td>
<td><strong>$ 6,500</strong></td>
</tr>
<tr>
<td>Most Costly 10%</td>
<td>14,882</td>
<td><strong>$ 499.1 million</strong></td>
<td><strong>$ 33,500</strong></td>
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</tbody>
</table>

*Source: Wu and Stevens, LAC CEO Report, 2016*
Housing for Health Initiative (HFH)

• Created in 2012 by Department of Health Services

• Provides *permanent supportive housing* (PSH) and *rental subsidies* to homeless individuals who are high-utilizers of DHS services

• **Program Objectives:**
  – To reduce homelessness
  – To improve health outcomes among homeless
  – To reduce inappropriate use of expensive health care resources

• **HFH will grow from 1,200 to 3,000 clients in 2016**
Housing for Health Client Process

- **REFERRAL FROM:**
  - DHS Facility
  - Clinical Partners

- **HFH Eligible?**
  - Yes → **Needs Rental Subsidies?**
    - Yes → **REFER TO:**
      - Permanent Housing Supportive Services
      - Flexible Housing Subsidy Pool
    - No → **END**
      - (Refer to other services if applicable)
  - No → **END**
  - (Refer to other services if applicable)
HFH’s Unique Approach to PSH

• By focusing on DHS high-utilizers, program aligns goals of—at least—health care and housing sectors
  – Probably other sectors as well
  – Clients likely high-utilizers of other agencies

• Reduces fragmentation in delivery of supportive services
  – Centralized contracting with providers
  – More intense oversight than typical PSH model

• Reduces fragmentation and uncertainty in financing mechanisms
  – Housing, supportive services, and rental subsidies financed through DHS general fund
Previous Studies Have Found That PSH

- Increases housing stability
- Reduces:
  - Use of shelters
  - Use of acute care services
  - Hospital admissions
  - Hospital length of stay
  - Incarcerations
Limitations of Existing Evidence

- Most studies focused on impacts on single sectors (e.g., healthcare only OR criminal justice only)
- A few recent studies have used administrative data linked across sectors but they:
  - Compared PSH to individuals who did not receive housing, did not compare different PSH approaches
  - Have not explored dynamic aspects of program impacts:
    - Spillover effects/synergies
    - Feedback effects (e.g., health -> employment -> health)
Our Research Questions

• Does HFH improve health outcomes?
• Does HFH improve the quality of healthcare received by its clients?
• How does the effectiveness of HFH compare to other PSH programs?
• How does HFH affect service utilization and costs across public sectors when compared to other PSH programs?
• Do client linkages to other sectors create synergies, thus improving system-wide outcomes and lowering costs?
Data

• Linked administrative data on service utilization from six LAC departments:
  – Health Services
  – Public Health
  – Mental Health
  – Social Services
  – Probation
  – Sheriff

• Administrative data from HFH and other PSH programs

• Electronic health records from DHS

• Survey of benefit eligibility of HFH and non-HFH clients

• Qualitative data:
  – Focus groups
  – Interviews
Linkage Process Covering Period 2012-2016
Mixed-Methods: Quantitative Analysis

- **Propensity score methods** to create sample of:
  - HFH clients
  - Non-HFH individuals with similar characteristics to HFH clients
- **Difference-in-differences analysis**
  - Before-After
  - Treatment-Control
- **Participatory simulation modeling**
Mixed-Methods: Qualitative Analysis

• Between four and eight focus groups with:
  – HFH clients
  – HFH service provider staff
  – Non-HFH PSH clients
  – Non-HFH PSH service provider staff

• Semi-structured interviews with key informants
  – Senior HFH and non-HFH staff
  – Senior staff at other LAC agencies (e.g., DHS, DPSS,…)

• Data will be analyzed by two independent reviewers and by using Atlas.ti software
Findings Will Help Us Understand This Process:
Significance: This Study Will Help Us…

• Assess whether HFH is achieving its goals
• Understand the spillover effects and synergies created by providing PSH to the homeless
• Learn whether there is a financial case for similar programs, which would make them **sustainable**
  – From the perspective of health agencies
  – From perspective of other agencies (e.g., DPSS)
  – Opportunity for cross-subsidizing negatively affected agencies
## Study Milestones

<table>
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<tr>
<th>Month/Year</th>
<th>Goal</th>
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<tbody>
<tr>
<td>January 2017</td>
<td>• Receive Jan 2012 – June 2016 linked data</td>
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<tr>
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<td>• Begin qualitative data collection</td>
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<tr>
<td>April 2017</td>
<td>• Begin stakeholder engagement for participatory modeling process</td>
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<tr>
<td></td>
<td>• Begin collecting survey on benefits eligibility</td>
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<tr>
<td>July 2017</td>
<td>• Conclude analysis of qualitative data</td>
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<td></td>
<td>• Begin development of simulation model</td>
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<tr>
<td>December 2017</td>
<td>• Receive June 2016 – June 2017 linked data</td>
</tr>
<tr>
<td>March 2018</td>
<td>• Conclude analysis and development of simulation model</td>
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<tr>
<td>June 2018</td>
<td>• Final report, policy brief, and manuscript</td>
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THANK YOU!

FOR MORE INFORMATION, CONTACT:

Ricardo Basurto-Davila (PI)
RBasurto@ph.lacounty.gov

Corrin Buchanan (Co-PI)
CBuchanan@dhs.lacounty.gov
Project Updates

go to: http://systemsforaction.org/projects/housing-health-assessing-cross-sector-impacts-providing-permanent-supportive-housing-homeless-high

Housing for Health: Assessing the Cross-Sector Impacts of Providing Permanent Supportive Housing to Homeless High Utilizers of Health Care Services

This study evaluates the Housing for Health initiative, which aims to reduce homelessness and the unnecessary use of health care resources, and improve outcomes for vulnerable populations by providing permanent housing and supportive services. Using a propensity score-matched difference-in-difference research design with longitudinally linked medical and social service record data, the research team will assess the housing initiative’s cross-sector impacts and organizational and financing issues.
Amy Ellen Schwartz, PhD
Chair, Systems for Action National Advisory Committee
Daniel Patrick Moynihan Chair in Public Affairs and
Professor of Economics, Maxwell School, Syracuse University
Professor of Public Policy, Education, and Economics and
Director, New York University Institute for Education and
Social Policy    amyschwartz@syr.edu

Corrin Buchanan, MPP
Director, Diversion and Reentry Housing
Los Angeles County Department of Health Services
CBuchanan@dhs.lacounty.gov

Questions and Discussion
# Webinar Archives & Upcoming Events

go to: [http://systemsforaction.org/research-progress-webinars](http://systemsforaction.org/research-progress-webinars)

## Upcoming Webinars

<table>
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<tr>
<th>Date</th>
<th>Time</th>
<th>Title</th>
<th>Speakers</th>
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<tr>
<td>Wednesday, Sept 21</td>
<td>12 pm, ET</td>
<td>The Impact of Integrating Behavioral Health with Temporary Assistance for Needy Families to Build a Culture of Health</td>
<td>Mariana Chilton, PhD, MPH, Associate Professor, and Sandra Bloom, MD, Associate Professor Department of Health Management &amp; Policy, Drexel University Dornsife School of Public Health</td>
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<tr>
<td>Oct 12, 2016</td>
<td>12 pm, ET</td>
<td>Income and Health Inequalities and their Relationship to Population Health Delivery Systems</td>
<td>Glen Mays, PhD, MPH, Director, Systems for Action National Coordinating Center, College of Public Health and James P. Ziliak, PhD, MA, Director, Center for Poverty Research, University of Kentucky</td>
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<td>Oct 20, 2016</td>
<td>1 pm, ET</td>
<td>Accreditation and Multi-Sector Contributions to Population Health Activities: A Difference-in-Difference Analysis</td>
<td>Richard C. Ingram, DrPH, MPH, Assistant Professor, Department of Health Management and Policy; U. of Kentucky College of Public Health</td>
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Thank you for participating in today’s webinar!

For more information about the webinars, contact:
Ann Kelly, Project Manager  Ann.Kelly@uky.edu
111 Washington Avenue #201, Lexington, KY 40536
859.218.2317
www.systemsforaction.org
Speaker Bios

• Ricardo Basurto Davila, PhD, MS, is a Health Economist at the Los Angeles County Department of Public Health, where he leads the Policy Analysis Unit. His work involves economic evaluation and quantitative analysis in general of programs and policies in public health and other sectors that affect health outcomes. He previously was a Prevention Effectiveness Fellow at the US Centers for Disease Control and Prevention and an Assistant Policy Analyst at the RAND Corporation. RBasurto@ph.lacounty.gov

• Amy Ellen Schwartz, PhD currently chairs the RWJF Systems for Action National Advisory Committee. She is a Professor of Economics and Public Administration and International Affairs, and the Daniel Patrick Moynihan Chair in Public Affairs, in the Center for Policy Research at the Maxwell School of Syracuse University. She is also Professor of Public Policy, Education, and Economics, and Director of the New York University Institute for Education and Social Policy. Her research is primarily in applied econometrics, focusing on issues in urban policy, education policy, and public finance. Her research on urban economic development has included work on Business Improvement Districts, housing investment, school choice, and investment in infrastructure, among other issues in public finance. amyschwartz@syr.edu

• Corrin Buchanan, MPP leads the Los Angeles County's Diversion and Reentry effort to provide housing and services to end homelessness for individuals who are justice involved, manage the Flexible Housing Subsidy Pool, a locally funded rental subsidy program, and provide policy and planning for the rapid expansion of housing resources through a network of community based organizations. CBuchanan@dhs.lacounty.gov